

A photograph of two elderly individuals, a man and a woman, looking down at a museum display case. The man, in the foreground, has grey hair and is wearing a black jacket and a patterned scarf. The woman, behind him, has white hair and is wearing a green top and a floral scarf. They are both focused on the contents of the display case, which contains various documents and photographs. Other people are visible in the background, slightly out of focus.

ALBANY INSTITUTE
OF HISTORY & ART

Meet Me at the
Institute

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Meet Me at the Institute is a program designed for people living with dementia and their caregivers. Held on select Mondays February–December 2026, sessions occur when the museum is closed to the public—minimizing distractions and providing a relaxing environment. Sessions are led by trained educators who facilitate open-ended discussions about the Albany Institute's exhibitions and collections.

**Program participation is free—
advanced registration is required.**

Contact Natalie Oliver, Education Associate, at **518-463-4478 ext. 405** to register and for more information.

Sessions are held from 10:30AM–12PM at the Albany Institute of History & Art.

February 9	June 8	October 5
March 9	July 13	November 9
April 13	August 10	December 14
May 11	September 14	