

ALBANY INSTITUTE
OF HISTORY & ART

A photograph of two women looking down at a display case. The woman on the left is older, with short grey hair, wearing a black jacket over a patterned scarf. The woman on the right has blonde hair and is wearing a green top. They are both looking at a display case containing various items, including what appears to be a small model or a set of cards. The display case has a blue and yellow design.

Meet Me at the
Institute

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Meet Me at the Institute is a program designed for people living with dementia and their caregivers. Held on select Mondays February–December 2026, sessions occur when the museum is closed to the public—minimizing distractions and providing a relaxing environment. Sessions are led by trained educators who facilitate open-ended discussions about the Albany Institute's exhibitions and collections.

**Program participation is free—
advanced registration is required.**

Contact Natalie Oliver, Education Associate, at **518-463-4478 ext. 405** to register and for more information.

Sessions are held from 10:30AM-12PM at the Albany Institute of History & Art.

February 9	June 8	October 5
March 9	July 13	November 9
April 13	August 10	December 14
May 11	September 14	