

ALBANY INSTITUTE OF HISTORY & ART

Albany Institute of History & Art

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NEWS

FOR IMMEDIATE RELEASE

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ALBANY INSTITUTE TO HOST FREE WRITING WORKSHOP WITH WRITER AND COLUMNIST DIANE CAMERON

ALBANY, NY— On Thursday, May 8, the Albany Institute of History & Art will host award winning area writer and columnist Diane Cameron for an inspiring workshop on how to start your own writing project. Diane Cameron is a popular motivational speaker and the author of *Looking for Signs*, a collection of essays and columns. This event will take place at 6PM and is free and open to the public as part of the Institute's *Evenings at the Institute* initiative.

Diane Cameron is a columnist and author who writes about her private life. She writes about events, community, culture and looking at oneself from a new perspective. Some of her works include: *Looking for Signs*, and *Out of the Woods-A Guide to Long-term Recovery*. Cameron also has multiple blogs: *Out of the Woods*, which is for women in recovery from alcoholism and how to enjoy a life of sobriety. Her other blog is called: *Love in the Time of Cancer* where she expresses herself to those who either have cancer or have a loved one with cancer.

The Albany Institute of History & Art is now open for free on Thursday evenings from 5PM-8PM. These extended hours, which started as a trial this past fall, offer the public the opportunity to visit the museum after work and explore the exhibitions, shop at the museum shop, and participate in social activities.

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The Albany Institute is open Wednesday-Saturday 10AM-5PM, Thursday until 8PM, and Sunday Noon-5PM. On Tuesdays, the museum is open to registered groups only. The museum is closed on Mondays and some holidays. Admission is FREE for Albany Institute members; \$10/adults; \$8/seniors and students with ID; \$6/children 6-12; FREE/children under 6. Thursday evenings (5PM-8PM) are now FREE at the Albany Institute! For more information and a listing of our upcoming events, please visit www.albanyinstitute.org or call (518) 463-4478.

The Albany Institute's distinguished collections and acclaimed exhibitions comprise the definitive expression of the cultural, historical, and artistic heritage of Albany and the upper Hudson Valley. From its world-renowned Hudson River School collection, to the famous Albany Mummies, to the wide range of lectures, outstanding educational and family programming, and special events, this distinctive and engaging institution provides visitors of all ages and interests with a splendid museum experience. One of America's oldest museums, the Albany Institute of History & Art was founded in 1791, during the presidency of George Washington, making it older than the Louvre, the Smithsonian, and the Metropolitan Museum of Art.

For more information, please visit www.albanyinstitute.org and be sure to follow us on Facebook (www.facebook.com/albanyinstitute) and Twitter (www.twitter.com/albanyinstitute).

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